

# Whitefriars Sailing Club

## 4 Hour Race Rules (2021)

1. The race is open to an individual or a team racing a given boat.
2. Teams may consist of one to four helms all racing the same boat. An individual may be a member of more than one team.\*
3. There will be a single start for all boats with the normal 5,4,1 start signals.
  4. Normal racing rules apply.
  5. All boats must stop after each hour at the designated quayside. A single blast of the horn will signal that all boats should complete the current lap and come into the quayside.
  6. Teams must change helm at each stop and may continue the race as soon as this is achieved.
  7. An individual entrant will be held stationery at the quayside for 30 seconds before continuing the race.
  8. The race finishes on completion of a full lap after the 4hour signal.(2 blasts of the horn)
    - ie. Keep racing until you cross the finish line after the 4 hour signal.
9. Results will be based on average lap time corrected by PY.
10. Teams may change/add members during the race subject to 2. above
11. Individual lap times will be noted to give position updates each hour.
12. If the race is shortened for any reason a result will be calculated based on the average corrected time of laps completed.

\*Sailability teams may be exempt from rule 2 where it is not possible for sailors to change over within a reasonable time. They may have 2 or more boats of the similar

classes available to use, subject to prior agreement with the Rear Commodore (Sailing) or OOD on the day.

For example, a mixed Hansa 303/ Hansa Liberty team would be acceptable, a mixed Challenger/Hansa 303 would not. In these cases, a 'combined' handicap would apply.

There will be a 30 second changeover between boats coming in and the next boat leaving.